



Curriculum
Subject: Dance
Class - VIII
Session - 2024-25

	April	May	June
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Definition of B – Boying (Hip-Hop) 	<ul style="list-style-type: none"> • Warm-up • Stretching • Folk dance (Chamba) 	<ul style="list-style-type: none"> • Warm-up • Stretching • Sargam (Classical dance)
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skills through B – Boying (Hip-Hop) dance 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Folk dance steps and its rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Classical dance steps and its rhythm
Skills	Ensure a dancers Longevity, Rhythm and Flexibility	Rhythm, Posture, Alignment , Control, Balance and Facial Expression (Intellectual skills)	Rhythm, Coordination, Stamina , Perseverance and Culture based ability (Intellectual skills)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics
	July	August	September
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Malhar dance (Integrated with English) 	<ul style="list-style-type: none"> • Warm-up • Stretching • Dandiya dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Rakhsha bandhan dance
Learning Outcomes	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Malhar dance style of Classical 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop their dance skills through Dandiya dance and its Rhythm 	Students will be able to <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Rakhsha bandhan dance steps and its Rhythm
Skills	Rhythm, Balance, Taal, and Improve your writing Skill,	Rhythm, Build Strength ,Flexibility and Coordination	Rhythm, Posture, Alignment, Ensure a dancers longevity and Facial Expression (Intellectual skulls)
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics

	October	November	December	Jan/Feb
Contents	<ul style="list-style-type: none"> • Warm-up • Stretching • Contemporary dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Ram Bhajan Dance 	<ul style="list-style-type: none"> • Warm-up • Stretching • Ginatkari Tihai 	<ul style="list-style-type: none"> • Warm-up and stretching and • Revision for all topics
Learning Outcomes	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Contemporary dance steps and its rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Learn Ram Bhajan Dance steps and its rhythm 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Develop Ginatkari Tihai skills through Classical dance 	<p>Students will be able to</p> <ul style="list-style-type: none"> • Understand the basic knowledge of dance • Students will be able to learn all topics
Skills	Rhythm, Posture, Alinment, Coordination, Control, Balance and Facial Expression (Intellectual skills)	Rhythm, Balance, Laya, Taal	Rhythm, Prevent injuries, Build Strength, Flexibility and Develop Physical Skills (Intellectual skills)	<ul style="list-style-type: none"> • Rhythm, Flexibility coordination and body balancing
Methodology	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give the students live Demonstration • Smart class demonstration 	<ul style="list-style-type: none"> • Teacher will give them live demonstration • Smart class demonstration
Assessments	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics 	<ul style="list-style-type: none"> • Live individual and group performance • Class etiquettes and ethics